



Volunteer Help Team Task Description

Numbering and Bike Course Marshal

Thank you for joining the HELP TEAM. As a Weet-Bix Kids TRYathlon Volunteer, you'll be instrumental in making a real difference to Aussie kids who have entered, and to their supporting friends and family, as we direct and encourage kids to complete the TRY challenge and get a great boost in self-confidence.

Numbering – the first of two tasks

Your task is to write participants Bib Number on their right arm and right leg for ease of identification while on the course.

- As approached, please ensure each participant has been through the Check In process (they will have a swim cap if they have been through). If not properly Checked In please ask them to return to Check In.
- If you are not already looking after a participant, please hold up your hand and invite participants towards you to be numbered.
- **Check each participants Bib Number and write it clearly and legibly down the front of their right forearm and down the front of their shin on the right leg.**
- Ensure each participant has their **Bib Number** stuck to the front of their event T shirt, their helmet number stuck to their helmet and their bike number stuck on their bike.
- Ask each participant to put their helmet on and ensure it is done up correctly prior to entering TRANSITION.
- If parents ask about how to remove the written numbers, suggest they use baby oil, rubbing alcohol or similar alcohol-based products.
- Please stay in your area. If you must leave at any time, please consult your TEAM LEADER so the absence is well managed until you return.
- When numbering closes, return your marker to your TEAM LEADER and proceed to your next task (take a quick toilet break if necessary) and meet the bike marshal TEAM LEADER at the INFORMATION TENT.

Bike Course Marshals perform the following duties:

1. Maintain safety of participants around the bike course.
2. Assist with general information enquires, referring to FAQ sheet provided on the day. If you are not sure how to answer then refer patrons to a Team Leader or back to the Information Tent.
3. Help guide parents to specific areas such as toilets, First Aid Tent and the Information & Meeting Point Tent (where lost kids and parents can find each other).

Bike Course Marshals will be given one of two jobs:

1. **Marshal:**
 - Marshal participants around the bike course.





- Keep spectators off the course.
- If a child needs to use the bathroom, put their bike down, walk them to the closest bathroom, wait for them and then take them back to the course where they may then continue on.
Please note that only females can take girl participants to the bathroom and only males can take boy participants to the bathroom.

2. Bike Turnaround Marshal:

- Please ensure that all participants complete the turnaround point of the course properly and do not cut corners

Please stay in your area. If you must leave at any time please let your team leader know first.

At the conclusion of the event, we also require your help with packing up. Please check with your team leader for instructions on assisting with packing up and **ensure all tasks are completed prior to signing out and leaving.** A light lunch will be provided.

Thank you for your support, it is very much appreciated. We sincerely hope you enjoy your day with the champion TRYathletes and their families and friends.

See you at the event!

The Weet-Bix Kids TRYathlon Team

Sanitarium
health & wellbeing

